# COUNTY OF SAN DIEGO BEHAVIORAL HEALTH SERVICES DIVISION

### MENTAL HEALTH CLUBHOUSES IN SAN DIEGO COUNTY

Clubhouses are listed below by region. Participants may attend any clubhouse, regardless of the region in which they live. (SSI) indicates SSI Advocacy services are offered on site.

CENTRA	L REGION
CENTIA	ENECION
THE MEETING PLACE CLUBHOUSE, INC. (SSI) 2553 State Street San Diego, CA 92101 Ph: 619-294-9582 Hours: Mon-Fri 8:00 am - 4:00 pm Saturdays and Holidays 10:00 am-2:00 pm	CASA DEL CENTRO (SSI) NAMI San Diego 2754 Imperial Ave. San Diego, CA 92102 Ph: 619-966-8743 Hours: Mon-Fri 8:00 am- 4:00 pm
NORTH CENTRAL REGION	EAST REGION
EAST WIND CLUBHOUSE Union of Pan Asian Communities 8745 Aero Drive, Suite 330 San Diego, CA 92123 Ph: 858-268-4933 Hours: Mon-Fri 8:30 am-5:00 pm	EAST CORNER CLUBHOUSE (SSI) Community Research Foundation 1060 Estes Street, Suite 104 El Cajon, CA 92020 Ph: 619-631-0441 Hours: Mon-Fri 8:00 am-4:00 pm
SOUTH	REGION
THE PLAZA CLUBHOUSE (SSI) NAMI San Diego	
Ph: 619-764-0842  Contact program directly for hours and location.	
Contact program directly for hours	NORTH INLAND REGION
Contact program directly for hours and location.	NORTH INLAND REGION  ESCONDIDO CLUBHOUSE (SSI) Mental Health Systems, Inc 474 W. Vermont Avenue, Suite 105 Escondido, CA 92025 Ph: 760-737-7125 x.116 Hours: Mon-Sat 8:00 am-4:00 pm

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### **SPECIALIZED CLUBHOUSES**

#### **OASIS CLUBHOUSE**

Serving Transitional Age Youth (16-25)
Pathways Community Services
3330 Market Street, Suite C
San Diego, CA 92102

Ph: 858-300-0470

Hours: Mon-Fri 9:00 am-5:30 pm

#### DCS CLUBHOUSE -

DEAF COMMUNITY SERVICES OF SAN DIEGO Serving Deaf or Hard of Hearing 205 National City Boulevard National City, CA 91950

DCS Ph: 619-398-2441 Fax: 619-374-7015

Video Phone: 619-618-0501

Hours Mon-Fri 8:30 am-5:00 pm

## CONNECTIONS 2 COMMUNITY (C2C) CLUBHOUSE (SSI)

NAMI San Diego Serving Homeless 101 16<sup>th</sup> Street San Diego, CA 92101

Ph: 619-955-8217

Hours: Mon-Fri 8:00 am-4:00 pm



Rev. 11/17/21 KB