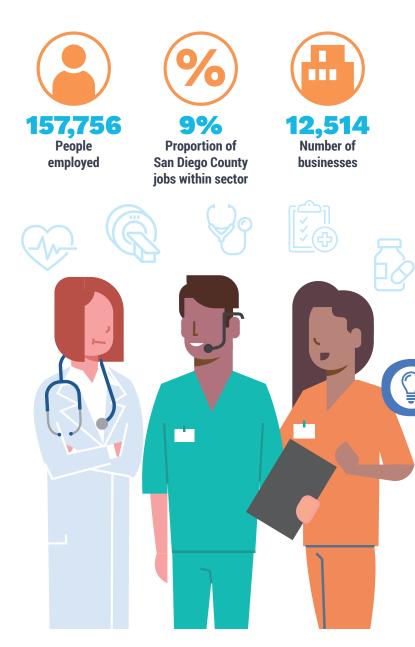




At the intersection of technology, science and empathy lies health care. From one-on-one roles like nursing to operating electromagnetic rays to solve medical mysteries, roles in the health care field work to keep the public healthy and well, quickly solving problems when something goes wrong. This field calls for workers who are both people- and detailoriented with a desire to help others.



# How do I start my career?

### Do some research

 Use Career Coach at workforce.org/careercoach to explore which occupations align with your interests, see a behind-the-scenes peek at what a career looks like and discover local companies.

## **Expand your network**

- Use social media tools like LinkedIn to network with professionals. Request an informational interview to ask them about their career path, education and job responsibilities.
- Volunteer at a hospital to meet and interact with professionals in the medical field.

## **Get hands-on experience**

- Volunteer to gain experience at places like UCSD Health or Family Health Centers of San Diego.
- Apply to an internship
  - → Rady Children's Hospital San Diego (jobs.rchsd.org/internships)
  - → Sharp Healthcare (sharp.com/interns-fellows)

## **Get training**

• There are so many jobs in health care that start with a short certification program and allow you to build your career with further training and experience. Find these programs at your local community colleges and adult education providers. Visit CareerEd.org or search:

 $\bigcirc$  San Diego County Adult Education

Did you know that jobs in health care are considered "recession-proof?" Employment in this sector increased during the Great Recession while most other sectors declined.

## Subsectors

- · Hospital & residential care facilities
- · Offices of health care practitioners
- Specialized health centers
- · Ambulatory & home health care services
- · Medical laboratories

# Learn more at workforce.org/mynextmove

## What can I do?

# sample occupations

Educational levels are typical for each occupation, but various employers may have slightly higher or lower minimum requirements.

### FOUND PRIMARILY IN THIS SECTOR

#### **COMMON IN THIS AND OTHER SECTORS**

	Occupation	Employed 2018 <sup>1</sup>	Median hourly pay	Typical entry- level education
*	Registered Nurses	19,804	\$45	
*	Dental Hygienists	2,590	\$45	
*	Physical Therapists	1,708	\$43	
*	Clinical Laboratory Technologists and Technicians	2,670	\$26	
*	Licensed Practical and Licensed Vocational Nurses	4,740	\$26	•
	Medical Secretaries	6,962	\$19	•
	Dental Assistants	4,018	\$18	۲
	Medical Assistants	7,691	\$17	۲

Occupation	Employed 2018 <sup>1</sup>	Median hourly pay	Typical entry- level education
Computer Systems Analysts	269	\$45	
★Occupational Therapists	928	\$44	
Business Operations Specialists	815	\$37	
Clinical, Counseling, and School Psychologists	1,582	\$35	
First-Line Supervisors of Office and Administrative Support Workers	2,252	\$27	r
Billing and Posting Clerks	2,579	\$21	►
Customer Service Representatives	1,270	\$18	
Receptionists and Information Clerks	3,983	\$15	•

<sup>1</sup> Number employed this industry group

★ Priority occupations are predicted to have high growth and a high number of annual job openings in San Diego County over the next five years

# Where can I work?

sample employers

Palomar Health ESTABLISHED: 1950	Uses technology and expertise to give a high standard of care across many different medical fields	5,001–10,000 employees
UC San Diego Health ESTABLISHED: 1966	Provides medical care to those in need, as well as programs and services that promote health and healing in response to identified community needs	10,000+
Maxim Healthcare ESTABLISHED: 1988	Provides home health care, behavioral care, health care staffing, personal caregiving and population health and wellness services	51-200
San Diego Home Caregivers ESTABLISHED: 2008	Offers services allowing seniors and disabled individuals to remain safe and independent at home while receiving the care and attention they need	1-50
Rady's Children's Hospital ESTABLISHED: 1951	Provides a wide range of clinical and operational therapy assistance to children with a wide range of needs	1,001-5,000

